

Elfrida Football Club

Inclusive sessions for people with a Learning Disability





Come along and improve your football skills, get fit and make new friends in a fun and friendly environment.

All disabilities are welcome

The sessions are FREE and are delivered by a qualified Football Association coach.



Where?

Market Road Football Pitches Market Road, Islington, N7 9PL







When?

Training: Wednesday from

3:00 to 4:00pm



Pan disability league games are always played at the weekend





What do you need?

Bring water, shin pads and your own kit



What do we need from you?

Just let us know if you are coming and tell your friends





To find out more, speak to Nikki: 07841 033 248
Nikki.chivers@elfrida.com

