



Health Advocacy Project

Health advocacy project for adults with learning disabilities and additional needs

Our health is our most valuable asset, yet navigating the healthcare system and finding the right professionals can often feel overwhelming and complex. Medical terminology can be challenging to grasp, and determining the appropriate steps to take may lead to confusion. We provide personalised one-on-one support for any adult in Islington who has a learning disability or additional needs to make sure they have the support they need.

We offer:

Face to face support

- 1:1 sessions to support people to attend appointments, understand what is being said, understand consent and consider their options

Liaison with professionals

- instructed advocacy to discuss individual cases with professionals on clients' behalf

Health focused workshops

- peer-led group sessions to help people learn more about local health services, projects and professionals' roles

Easy read resource packs

- to help explain medical decisions, options, side effects of medication and procedures



For more information or to make a referral, contact us:



Call - 07801 529 963



Email- advocacy@elfrida.com



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