



Welcome to The Elfrida Society.



We are well-known in Islington and across London and have been running for over 100 years. Most people know us as just 'Elfrida'.



We provide lots of different types of support to people with learning disabilities and/or autism or learning difficulties (LDAD).



We are always looking for new people to join us and be part of our projects.



There are opportunities to work with us, volunteer as part of a group, or to just get active and make some new friends!

Our specialist services include:



Independent and specialist LDAD advocacy services, which incorporates community, access to healthcare and Care Act advocacy.



A peer support group and specialist independent advocacy service for parents with LDAD. Supporting parents through the complexities of parenting and comprehension and navigation of the complex child protection and child in need processes.



A sports project offering lots of different LDAD specialist sport sessions such as cricket, tennis, fitness, and football. They are all free to attend.



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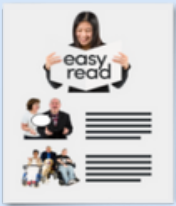
LDAD training & awareness raising project – LDAD lived experience experts co-producing and delivering online and face-to-face training sessions on Learning Disability and Autism to GP practice staff, NHS professionals and other professionals.



A group of LDAD community representatives called the 'Power and Control' who go to council meetings to help make them accessible and relevant for people with learning disabilities.



An LDAD quality checking team called the 'User Led and Carers View Monitors' who visit local services and report back to the council if they need improvements.



Easy read checking and production service, working with an exceptional team of staff with LDAD, to co-produce accessible information and materials.



Consultation and co-production project, ensuring that individuals with LDAD actively contribute to decision-making processes, services' design, and delivery.



Our projects and services are all free to people with LDAD. And are available to Local Authorities and Professionals on demand through spot purchasing.



We would love to tell you more about Elfrida and help you get involved. You might like to come along to any of our sessions.

